



Gateway Market & Café

Menu

Village of Ponderosa
520 Market Street West Des Moines, IA 50266
515.343.5640

Proudly featuring products from



SOUP & SALADS

FRESH MADE SOUPS served with a wedge of garlic focaccia bread cup \$2.95 / bowl \$4.95

THE MARKET SIDE SALAD greens with tomato, carrot, cucumber, red onion, feta cheese and roasted garlic vinaigrette full \$5.05 / half \$2.95

CILANTRO LIME CHICKEN SALAD seasoned chicken tossed with fresh greens, onion, carrot, avocado and lime cilantro dressing, topped with tomato, fried tortilla strips, Parmesan cheese and corn relish full \$9.25 / half \$5.65

SANTA FE CHICKEN SALAD  blackened chicken tossed with fresh greens, red onion, tomato, cheddar cheese, avocado, spiced black beans, corn relish and chipotle ranch dressing, served in a tortilla shell full \$9.45 / half \$5.75

CRANBERRY WALNUT SALAD fresh greens tossed with Gorgonzola crumbles, red onion, candied walnuts, dried cranberries and creamy balsamic vinaigrette full \$7.95 / half \$4.95 add chicken \$2.00

CRISPY ASIAN CHICKEN SALAD crispy chicken, peanuts, green onion, peppers, carrot, tomato with spicy peanut dressing, topped with crispy fried wonton strips full \$9.25 / half \$5.65

SANDWICHES

REUBEN turkey or corned beef, sauerkraut, Thousand Island dressing and Swiss on South Union rye \$8.45

TURKEY DELI SANDWICH toasted wheat bread with turkey, Swiss, dijon mustard, lettuce, tomato and avocado \$8.35

CUBAN roast pork, ham and Swiss with red onion, pickles, mayo and mustard on ciabatta \$8.35

CHOOSE TWO half of any sandwich listed above, half of any salad, cup of soup \$9.25


CRANBERRY CHICKEN SALAD WRAP creamy chicken salad with celery, red onion and dried cranberries, with lettuce in a flour tortilla \$8.35

TURKEY BACON SANDWICH sliced turkey breast, Swiss cheese, Boar's Head bacon, and Thousand Island dressing with lettuce and tomato served grilled on South Union garlic focaccia \$8.45

GRILLED CHICKEN SANDWICH grilled marinated chicken breast topped with caramelized onions, mushrooms, Boar's Head bacon and melted provolone on a toasted South Union ciabatta bun with a side of KC-style BBQ sauce \$8.75

BLACKENED TUNA SANDWICH fresh tuna steak cooked to order and topped with Cajun mayonnaise, lettuce, tomato and onion on South Union ciabatta \$9.95

ITALIAN STEAK SANDWICH herb-marinated Certified Angus Beef® ribeye with sautéed bell peppers, sautéed onion and melted provolone cheese on South Union ciabatta \$8.25

 **THE 'ORIGINAL' SLOPPY JOE** shaved Boar's Head pastrami topped with creamy coleslaw, Boar's Head horseradish mustard, Thousand Island dressing and Swiss cheese on toasted South Union rye \$8.45

MEMPHIS-STYLE PULLED PORK smoked pork shoulder, BBQ sauce and coleslaw on a South Union bun \$8.45

KC-STYLE BRISKET SANDWICH smoked Certified Angus Beef® brisket with KC-style BBQ sauce and pickles on a South Union bun \$8.25

VEGETARIAN BURGER house-recipe burger made with tofu, cheddar cheese, mushrooms and pecans, topped with lettuce, tomato, chipotle dressing and corn-dusted onion strings on South Union ciabatta \$7.75

ALL-AMERICAN CHEESEBURGER An American diner classic! Two 1/4 lb. griddled George's grind burgers* with American cheese, Thousand Island dressing, lettuce, onion, tomato and pickles on a toasted South Union bun \$7.75

GATEWAY BURGER a half-pound George's grind burger* with Swiss, cheddar or Monterey Jack cheese on a toasted South Union bun with lettuce, tomato, mayonnaise, onion and pickles \$7.75

SIDE ORDERS
 french fries \$2.25
 radiatore pasta salad \$2.25
 half market salad with roasted garlic vinaigrette \$2.95

KID'S MENU soft drink and french fries included \$4.95
PEANUT BUTTER & JELLY on white bread with creamy peanut butter and grape jelly
GRILLED CHEESE on white bread with cheddar cheese
CHICKEN STRIPS hand-breaded and fried
MAC 'N CHEESE with Gateway's home made cheese sauce (no bread crumbs!)

APPETIZERS

ROASTED RED PEPPER HUMMUS house-made, served with pita chips, cucumber, olives and feta cheese \$4.95

GATEWAY ONION RINGS polenta-crust, thinly sliced rings with chipotle ketchup and pesto aioli \$4.95

SPINACH ARTICHOKE DIP classic, creamy house-recipe dip, served with pita chips \$6.35

SPECIALTIES

HOUSE RAMEN traditional broth with fresh ramen noodles, tofu, carrot, scallions, bean sprouts, spinach, corn, bamboo shoots and hard-cooked egg \$8.50 add shrimp or chicken \$2.00


TOKYO-STYLE RAMEN traditional broth with fresh ramen noodles, corn, spinach, bamboo shoots, green onion, bean sprouts, hard-cooked egg, and your choice of tofu, shrimp or chicken \$9.25


VEGETARIAN HOUSE RAMEN house-made vegetarian sesame-miso broth with tofu, carrot, scallions, bean sprouts, corn, spinach, bamboo shoots, hard-cooked egg and fresh ramen noodles \$8.50

CANTONESE STIR-FRY yellow egg noodles tossed in Cantonese brown sauce with garlic, ginger, scallions, bean sprouts, celery, carrot, bamboo shoots, spinach, red onion, red bell pepper and cilantro \$7.95 add tofu, shrimp or chicken \$2.00

RED CURRY THAI LO-MEIN carrot, scallions, celery, garlic and ginger wok-seared and tossed with lo-mein noodles and Thai red curry-coconut sauce, topped with cilantro \$7.95 add tofu, shrimp or chicken \$2.00

VEGETARIAN PAD THAI (available vegan) rice noodles tossed with seasoned tofu, green onion, cilantro, bean sprouts, garlic, chili paste, and soy sauce, garnished with chopped peanuts and a lime wedge \$7.95

VEGETARIAN ENCHILADAS  tortillas filled with corn, squash, potato, mushrooms, onions and peppers, topped with chilibuiles sauce, lettuce, avocado, cheddar cheese, served with sour cream and salsa \$8.45

FISH CORN TACOS  three house-made corn tortillas filled with seasoned white fish, chipotle coleslaw, tomato, avocado and salsa \$10.95

STEAK QUESADILLA Certified Angus Beef® carne asada, jalapeños, pico de gallo, mozzarella and cheddar cheeses in a crispy flour tortilla, served with cilantro sour cream, lettuce, avocado and salsa di árbol \$8.95

PESTO CHICKEN PASTA grilled chicken breast and penne pasta tossed in a light pesto cream sauce with sautéed onions, mushrooms, asparagus and basil chiffonade, served with garlic bread \$9.95

MARKET MAC & CHEESE old-fashioned cheddar cheese sauce with pasta, topped with toasted bread crumbs and served with garlic bread \$8.95

BRICK OVEN PIZZA

FOUR CHEESE Parmesan, Asiago, provolone and shredded mozzarella top our house-made sauce and crust
10" \$8.25 14" \$9.95

MARGHERITA fresh tomato, fresh basil and fresh mozzarella
10" \$8.75 14" \$10.95

PEPPERONI a classic done just the way you like it with pepperoni, house sauce and shredded mozzarella
10" \$8.75 14" \$10.95

PESTO CHICKEN house pesto with grilled chicken, tomato, shredded mozzarella and basil chiffonade
10" \$9.25 14" \$11.95

THE WORKS sausage, pepperoni, onion, tomato, mushrooms, bell pepper, black olives and shredded mozzarella
10" \$9.25 14" \$11.95

BUILD YOUR OWN house red sauce and your choice of one cheese and two toppings
10" \$8.25 14" \$9.95 additional toppings 50¢

TOPPINGS & CHEESES

pepperoni
sausage
grilled chicken

red onion
green onion
bell peppers

jalapeño peppers
black olives
mushrooms

tomato
shredded mozzarella
fresh mozzarella

BEVERAGES

CUP 'O JAVA

MARKET SIGNATURE BLEND small \$1.79 • large \$1.99

ESPRESSO small \$1.45 • large \$1.75

MISTO small \$1.85 • large \$2.35

LATTE & CAPPUCCINO small \$2.45 • large \$2.95

MOCHA small \$2.75 • large \$3.25

All available decaf • flavored syrup shot 50¢ • extra espresso shot 75¢

HOT TEAS one bag \$1.59 • two bags \$1.99

GHIRARDELLI HOT CHOCOLATE \$1.99

SMOOTHIES small \$3.95 • large \$4.95

ORANGE JUICE \$1.50

FOUNTAIN SODA & BREWED TEA \$1.79

BREAKFAST

served Saturday & Sunday 8AM—2PM

Egg whites or egg substitute available upon request.

QUICHE LORRAINE classic egg tart with Boar's Head bacon, green onion and Swiss cheese \$4.50

QUICHE FLORENTINE classic egg tart with spinach and Swiss cheese \$4.50

IRISH STEEL CUT OATMEAL served with maple syrup and brown sugar \$4.95

CHALLAH FRENCH TOAST house-made South Union challah bread with toasted pecans, powdered sugar and syrup \$7.95

The following are served with breakfast potatoes and toast:

GATEWAY TOFU SCRAMBLE seasoned tofu with scrambled eggs, peppers, onion, mushrooms and cheddar cheese \$7.45

HAM & CHEESE OMELET Niman Ranch ham with cheddar cheese \$7.95

GATEWAY OMELET with chicken, Boar's Head bacon, tomato, onion and Gorgonzola cheese \$8.25

DENVER OMELET Niman Ranch ham, onion, peppers, mushrooms and cheddar cheese \$8.25

TWO EGGS ANY WAY * with your choice of Boar's Head bacon, pork sausage or Niman Ranch ham \$7.25

The following are served with breakfast potatoes:

MARKET FRIED EGG SANDWICH two fried eggs, Niman Ranch ham, cheddar, lettuce and tomato on South Union ciabatta \$8.45

EGGS BENEDICT toasted South Union ciabatta, Niman Ranch ham and two poached eggs* topped with hollandaise sauce \$8.95

BREAKFAST BURRITO choice of Certified Angus Beef® steak, chicken or tofu with scrambled eggs, peppers, onion and cheddar cheese, wrapped in a flour tortilla and served with salsa and sour cream \$8.35

SIDE ORDERS Niman Ranch ham • Boar's Head bacon • pork sausage • fresh fruit \$2.95
South Union Italian or wheat toast • two eggs* • breakfast potatoes \$1.25

KID'S BREAKFAST \$4.95, orange juice included

FRENCH TOAST one slice of challah French toast and two slices of Boar's Head bacon

BACON & EGG BREAKFAST one egg*, two slices of Boar's Head bacon and toast

Thoroughly cooking foods of animal origin such as beef, eggs, fish, lamb, pork, poultry or shellfish reduces the risk of food-borne illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked.